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Six Flavonostilbenes from *Gnetum africanum* and *Gnetum gnemon*

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Six new flavonostilbenes (gnetoflavanols A, B, C, D, E and F) were isolated from the stem of *Gnetum africanum* and the root of *G. gnemon*. The structures of the compounds were determined by spectroscopic analysis. The antioxidant activity of the compounds on lipid peroxide inhibition and superoxide scavenging activity were also investigated.